What Dietary and Lifestyle Choices Put Children at Risk for Developing Type 2 Diabetes?

Jane Doe

St. Petersburg College
Abstract

Page number two (2) is the abstract page. Ask your instructor if you are required to include an abstract for your paper. If you are required to write an abstract, it should be the second page of your paper, left aligned, and be sure to include keywords at the end of the abstract. See next line for an example of how to include keywords following an abstract.

Keywords: children, diet, lifestyle, type 2 diabetes, obesity, sugar
What Dietary and Lifestyle Choices Put Children at Risk for Developing Type 2 Diabetes?

The is a sample APA Style paper to illustrate proper formatting of a title page (page 1), abstract page or beginning text of a paper (page 2), and a reference page (located at the end of a paper). Please note the following:

- Use Times New Roman, font size 12, set margins to 1”, and set spacing to double space
- Page 1 is the title page: includes a running head and abbreviated title (typed in all CAPS) and is located at the top of the paper, left aligned
- Page number 1 located at the top right side
- The full title of the paper is located a few lines down from the top and is centered
- The name of the author is provided
- The institutional name is provided or any additional information the instructor requires

The reference page is located at the end of an APA Style paper. The word References is typed on the first line and should be centered. Reference list tips:

- List sources in alphabetical order by lead author
- Use hanging indent
- Punctuation and formatting are very important! Pay attention to the positioning of periods and commas, when to use italics, and many other subtle details when creating reference citations for various types of sources

See the APA Citation Help Guide (6th ed.) for instructions on how to format an APA Style paper (http://spcollege.libguides.com/hecapa). The HEC library also has several copies of the Publication Manual of the American Psychological Association—the APA Style Manual—available for your use.
References


