Paraphrasing

It is a passage

Borrowed from a source

And rewritten in your own words.

How do you paraphrase?

1. Read through the text and write down key points.
2. Make sure you understand the information; re-read if necessary.
3. Without the text in front of you, think of how you’d explain the key points to a colleague or patient.
4. Use a thesaurus to help you begin thinking of the information in a new way.
5. Don’t forget to CITE!

These steps will help you to avoid simply replacing a word here or there or rearranging the sentence in the original work, which is not an acceptable way to paraphrase.

Statistics: Paraphrasing percentages and specific numbers can be tricky. Focus on generalizing what the numbers mean or use a direct quote if necessary.

Remember: Put away the source as you write! Do not paraphrase sentence by sentence; instead, aim to summarize a paragraph from your source in one sentence.

Example of in-text citation:
(Smith, 2017).